Russell House

Monday 30th November

Vegetarian Chilli with Nachos (1)* or Mild Chilli Con Carne with Nachos (1)*, both served with rice, sweetcorn and chef's salad or jacket potato with raw vegetables & salad

Lemon Shortbread Cookie (1)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Tuesday 1st December

Homemade Chicken Pie (1, 9)* or Macaroni Cheese (1, 9, 11)*, both served with new potatoes, fresh broccoli and chef's salad or jacket potato with raw vegetables & salad

Mandarin Orange Sponge (1, 7, 9)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Wednesday 2nd December

Beef and Pork Sausages with Gravy (1, 14) or Butternut Squash, Spinach and Feta Pasta (1, 9)*, both served with green beans and chef's salad or jacket potato with raw vegetables & salad

Tutti Frutti or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Thursday 3rd December

Roast Turkey with Gravy (1)* or Cauliflower and Broccoli Stuffed Yorkshire Pudding (1, 7, 9, 11)*, both served with roast potatoes, fresh carrots and fresh cabbage or jacket potato with raw vegetables, salad

Orange and Chocolate Brownie (1, 7)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Friday 4th December

Fish Fingers (1, 4)* or Quorn Dippers (1)* , both served chips, peas, baked beans and chef's salad or filled jacket potato with raw vegetables & salad

Cherry Oaty Cookie (1, 14)* or Fresh sliced fruit or cheese & biscuits (9)* or yoghurt (9)*

Everyday - Fresh Baked Bread, Drinking Water, Jacket Toppings

These menus are subject to change and based upon availability of ingredients

* Allergen Key

1. Cereals containing gluten, 2. Crustaceans, 3. Molluscs, 4. Fish, 5. Peanuts, 6. Nuts, 7. Eggs, 8. Soybeans, 9. Milk, 10. Celery, 11. Mustard, 12. Lupin, 13. Sesame, 14. Sulphur dioxide